

Two Strand Twist



Tools Needed

- Rat-tail comb
- Wide-tooth comb
- Sectioning clips
- Leave-in conditioner
- Twisting cream or styling gel
- Spray bottle with water
- Hair ties
- Hair oil
- Satin bonnet or scarf

Step-by-Step Directions

- 1 Wash, condition, and detangle the hair thoroughly.
- 2 Apply leave-in conditioner and twisting cream.

- 3 Part the hair into even sections.
- 4 Secure unused sections with clips.
- 5 Divide one section into two equal strands.
- 6 Twist the two strands around each other from root to tip.
- 7 Apply additional product as needed for hold and moisture.
- 8 Repeat throughout the entire head.
- 9 Allow twists to air dry or sit under a dryer.
- 10 Finish with a light oil and protect at night with a satin bonnet.

Video Tutorial

[Click here to watch the Two Strand Twist Tutorial](#)